#### November 2024

# The Magnificat



#### **Centering Prayer—Caroline Thompson**

"Be Still and Know that I am God." Psalm 46:10 "For God alone my soul in silence waits." Psalm 62:5-7

Centering Prayer is a method of silent prayer that prepares us to experience God's presence within us. It leads to inner transformation by listening to God and fostering a growing awareness of God in our everyday lives. The intention of Centering Prayer is to deepen our relationship with Christ and, while it is not meant to replace other kinds of prayer, it emphasizes silent prayer as a movement beyond conversation with Christ to communion with Him.

Centering prayer comes from Christian contemplative heritage which draws on the experiences of the Fathers and Mothers of the Desert, the core of the great monastic traditions, and the writings of St. John of the Cross and St. Teresa of Avila. Thomas Merton, Thomas Keating, and Richard Rohr reintroduced the practice of contemplation in modern times.

The guidelines for Centering Prayer encourage two twenty minute periods of contemplation daily. Centering Prayer may be done individually or in groups. The group centering together on Wednesday mornings at St. Mary's welcomes you to join us in the church at 9:45 a.m. as we sit together in silence after a short introduction to the prayer. Members of the group would be happy to answer any of your questions and also share how Centering Prayer has transformed our spiritual lives. Our local chapter of Contemplative Outreach (<u>https://www.centeringprayerpensacola.com</u>) provides more information about Centering Prayer, offers group schedules at churches in the area and via Zoom, and promotes events within driving distance. You are welcome to use our library of Christian contemplation resources at Christ Church in Pensacola. Contemplative Outreach (<u>https://www.contemplativeoutreach.org</u>), founded by Fr. Thomas Keating, provides support and information from the global perspective. For more information contact Caroline at cthompson57@gmail.com



Let us pray...and remember.

All Saints Day—Nov. 3rd at both services. All Saints' Day is a time to remember our connection to those who have gone before us, to be inspired by their lives and to recommit ourselves to the work of doing the will of God on Earth.

At the St. Mary's 9am & 11am services, a bell will ring as each name is honored and remembered.

You may bring a picture of your loved one to be placed on the altar.

TIME CHANGE--November 3<sup>rd</sup>, remember to set your clocks back one hour before going to bed Saturday Night (11/2).



Please join us for the ordination of The Reverend Leanne Dawn Beaumont St. Mary's Episcopal Church 6849 Oak Street Milton, Florida Wednesday, November 6th 6:00pm

ANNUAL CHURCH Business Meeting

SUNDAY, NOVEMBER 17TH 10:00AM IN PARISH HALL CONTINENTAL BREAKFAST WILL BE SERVED

Future

PRESENT

St. Mary's Annual Parish Meeting will be Sunday,Nov. 17, between services (10am) in the hall with ContinentalBreakfast. All are invited to attend.Convention delegates and Vestry members will be voted on bySt. Mary's members.

**Bishops Visit**—Nov. 24<sup>th</sup>, The Rt. Rev. Russell Kendrick, Bishop will visit St. Mary's. Please join is in welcoming Bishop Russell at 9am & 11am services, with potluck between services.

*Service of Thanksgiving* will be held by The Rev. Leanne Beaumont on Wednesday, Nov. 27 at 11:30am. Please join us for this special service—all are welcome.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November					Office closed 1 School of Ministry	School of Ministry
						Pastoral Care Lay ministry
Daylight Savings 3 All Saints Day 9am:Worship 10am Men's group host breakfast 11am:Worship Noon: Inquirers Class	4	5	6 9:45am Centering Prayer 10:30 Bible Study 11:30am MP 6pm Ordination of	7 9am Food Pantry	Office Closed 8	(
-			Leanne Beaumont			
10 9am—H.E. Rite II 10am Vestry host Breakfast	Veterans Day 11 Office Closed	12	13 9:45am Center Prayer 10:30 Bible Study	14. 9am Food Pantry	Office Closed 15	16 9am-Catechist Formation Lay School—Hall
Blessing of New Spaces 11am H.E. Rite II Daughters of the King Installation		6pm Vestry	11:30am Service of Prayer w Eucharist 5:30pm Choir 6:45pm Bell Choir			11am—Youth Bowling—Oops Alley
Annual Parish 17 Meeting 9am: H.E. Rite II 10am Parish Meeting-	18	19	20 9:45am Center Prayer 10:30 Bible Study 11:30am Service of	21 9am Food Pantry	Office Closed 22	23 Daughters of the King Fall Assembly
Breakfast provided 11am:H.E. Rite II			Prayer w Euchatist 5:30pm Choir 6:45pm Bell Choir			
Bishop's Visit 24 9am: H.E. Rite II 10am Potluck Bishops Forum 11am: H. E. Rite II	25		27 9:45am Center Prayer 10:30 Bible Study 11:30am Service	28 9am Food Pantry	Office Closed 29	3(
		Iorning Prover	of Thanks 5:30pm Choir 6:45pm Bell Choir			

H.E.= Holy Eucharist

MP=Morning Prayer



Children's Ministry at St. Mary's—Elementary age children are invited to Sunday School & Children's Church every Sunday, starting at 10:15am, in the hall. The children gather to learn about God through art, music and fun activities. At 11am the children come with their families to the 11am service & process to the hall for Children's Church.

They return to the service at the time of announcements to share what they have learned. For more info, please contact the church office or Mother Leanne. Teacher helpers are always welcome!

## WinterFest Arts & Crafts show at St. Mary's.

#### Dec, 6—11a.m. to 6 p.m. & Dec. 7—9 a.m. to 2 p.m.

Vendors will be inside the hall and out on the lawn selling their wares & crafts. It's a perfect time for holiday shopping. ~*ECW Bake Sale (Donations of baked goods needed)* ~*Men's group will be grilling up burgers for lunch both days.* ~*Gumbo will be served Friday.* ~*Food Trucks both days.* Please pick up a flyer from the church office to post around your local area to help with advertising and also share the Facebook event page.



### **Prayer Requests**

Family Carolyn Orchard Corinne Wise Dallas Goodrich Edward Ray Jim Longshore Jesse & Jennifer Reeves John Kendall, Deacon Linda Hamilton Lois Minor Lori O'Gara Mandie Reese Roy & Judy Whalen Sam Harris Tyler Richmond Vickie Dollhausen William Wilson

#### Our Friends Freda Ashworth John Freezer Judith Kim Smith Kristie Mary Raisler Peggy Griffith Sharon Brooks Tom Faison

<u>Military</u> Anthony Cunningham Bradley James Edward Estrada Fischer Morgan Lay Kevin Murphy Lena Ryan Leo Leon Lou Andrade Joshua Krause Mary Dunn Nick Rinaire Phillip Holmes Thomas Ryan Tyler Hart



# **Youth Happenings!**

October 26th: Holland Farms - Meet at the Rectory at 11:30am for pizza October 27th: Costume Sunday - 11:00am Worship Service October 31st: Halloween Hang-Out at the Rectory - 5:00pm-8:00pm November 16th: Oops Alley Bowling. Meet at Oops Alley - 11:00am December 16th: Oips Alley Bowling. Meet at Oops Alley - 11:00am December 1st: St Nicholas Day - 11:00am Worship Service December 7th: Winterfest Fundraiser - 9:00am-2:00pm December 21st: Christmas Cookies and Caroling - 3:30pm December 22nd: Christmas Pageant - 11:00am Worship Service



The Diocese of the Central Gulf Coast The Rt. Rev. James Russell Kendrick, Bishop

St. Mary's Episcopal Church Clergy: The Rev. Leanne Beaumont, Deacon prieststmarys@gmail.com

Vestry: Mary Salinas-Sr. Warden-2024 850-777-7882 mlydia10@gmail.com

Candy McGuyre-clerk-2024 850-525-4685 <u>candymcguyre@gmail.com</u>

Deb Sams-2024 850-889-2213 <u>debsams123@yahoo.com</u>

Wayne Hamilton--2023 850-418-0350 episjay7@gmail.com

Don Thompson--2023 850-572-0432 <u>dt1962@gmail.com</u> NOVEMBER BIRTHDAYS

- IVIO JULIET ROOKEY
- 11/12 DEE BRYAN
- 11/16 DAVID DE VRIES
- 11/19 DAVE CHANEY JANE WILCOX
- 11/22 BAY STEEDE
- 11/23 VANESSSA DE VRIES SHAWN DUNN
- 11/26 ERNIE GREEN
- 11/28 EMMA REEVES

NOVEMBER ANNIVERSARIES 11/26 KEN & CATHY BROOKS

If we missed your special day throughout the year, please contact the church office to update any birthdates or anniversaries. Thank you! <u>stmarysmiltonflorida@gmail.com</u> 850-623-2905

St. Mary's Episcopal Church 6849 Oak Street, Milton, Florida 32570 Office: 850-623-2905 website: <u>http://www.stmarysmilton.wixsite.com/church</u> email: <u>stmarysmiltonflorida@gmail.com</u> Office Hours: Mon-Thurs, 8:30am to 1pm

Join us for Worship on Sunday—9am or 11am Wednesday Healing Service with Holy Eucharist—11:30am *"To build up one another in love."*